



## Let's get moving with the Community Better Challenge

Hi City of Burnaby residents,

We're excited to announce that the City of Burnaby will be participating in the ParticipACTION [Community Better Challenge](#) from June 1 – 30, as we strive to be named Canada's Most Active Community.

We know that the COVID-19 pandemic has brought many challenges and many of us have had to adjust to cancelled or virtual programming. Now more than ever, it's important to find ways to connect with our friends, family and community and the Community Better Challenge can help us do so, safely!

Helping to strengthen communities through physical activity and sport, the Community Better Challenge is awarding \$100,000 to the community who rallies the most participants, community organizations and accumulates the most active minutes during the challenge.

To participate, download the free [ParticipACTION app](#) so you can track and contribute to City of Burnaby's total active minutes. Every move counts! Physical activity can break down walls and act as a building block to grow stronger communities by boosting the confidence and happiness of individuals. City of Burnaby is excited to Community Better together.

We encourage families of the City of Burnaby to attend and support our Community Better events. There is no cost to attend. Pre-registration is required. Please register online at [burnaby.ca/webreg](https://burnaby.ca/webreg) or by phoning any City of Burnaby recreation facility. Spaces are limited. Events will be held rain or shine.

### ACTIVE FAMILY GAMES NIGHT

**June 15<sup>th</sup> at Edmonds Park** 4:30-6:00pm (barcode 619861) or 6:15-7:45pm (barcode 619862)

**June 17<sup>th</sup> at Charles Rummel Park** 4:30-6:00pm (barcode 619865) or 6:15-7:45pm (barcode 619863)

For more information, please contact Amanda Robertson at 604-220-9629 or [amanda.robertson@burnaby.ca](mailto:amanda.robertson@burnaby.ca)

